

OUR STORY

Grace Episcopal Church's *Take-a-Tote* program has served more and more hungry students every year:

<u>Year</u>	<u>Totes Delivered</u>
2010	7
2011	20
2012	20
2013	25
2014	35
2015	50
2016	50

THANK YOU!

Concord School Board for recognition as *Champions for Children*.

Bishop's Charitable Assistance Fund for a grant of \$2,500.

Individual and community donations totaling over \$2,000.

Greater Concord Interfaith Council for \$250 award from CROP Walk participation.

NE Resource Recovery Association and Concord Hospital PFS Customer Service employees for creative fundraisers.

Did you know...

over half of Concord's elementary school children qualify for free or reduced-cost meal programs?

They shouldn't wait until Monday for their next nutritional meal!

Take a Tote's weekend food program barely scratches the surface of hunger in Concord. Right now, we can serve only 50 students each week. However, 200 of Mill Brook School's 400 students are eligible.

Your help makes a vital difference in our children's education!



GRACE EPISCOPAL CHURCH

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TAKE-A-TOTE



A program to feed local, hungry schoolchildren

GRACE EPISCOPAL CHURCH

Feeding you, body, mind and soul

HOW IT WORKS

WHO Children receiving free or reduced-cost meals

WHERE Mill Brook School (K-2),
53 S. Curtisville Road,
East Concord

WHAT Weekly delivery of 50 tote bags for weekend meals

WHEN Every weekend for at least the 40 weeks of the school year, including holidays

HOW Donations of food and money, volunteer packing and delivery. Each bag costs about \$10 to fill.

WHY Children with empty stomachs cannot learn, socialize, and have other risk factors



HOW CAN I HELP?

Raising Funds

- ◆ Run a fund drive
- ◆ Attend Third Friday Suppers
- ◆ Give with PayPal:
[tinyurl.com/TakeATote](https://www.tinyurl.com/TakeATote)

Raising Food

- ◆ Run a food drive (see right)
- ◆ Donate grocery store gift cards

Raising Volunteers

Sort food, pack totes,
or make deliveries

WHAT'S IN A TOTE?

- ◆ Box of cereal (7-12 oz.)
- ◆ Instant oatmeal packets
- ◆ Microwaveable lasagna, beefaroni, or chicken with rice
- ◆ Microwaveable mac & cheese
- ◆ Maruchan brand "Instant Lunch" (cup of soup) or Ramen noodles
- ◆ Tuna fish pouches (2.6 oz.)
- ◆ Nutrigrain bars or Fruit Roll-Ups
- ◆ Fruit, pudding or applesauce cups
- ◆ Cheese-filled crackers

Fresh fruit, canned vegetable cups or bottled milk is added to each delivery.

We only accept food donations that are:

1. shelf stable
2. easy for the child to carry
3. easy to prepare
4. reasonably nutritious
5. affordable
6. within school dietary guidelines.

We do not pack food with peanuts or tree nuts.

